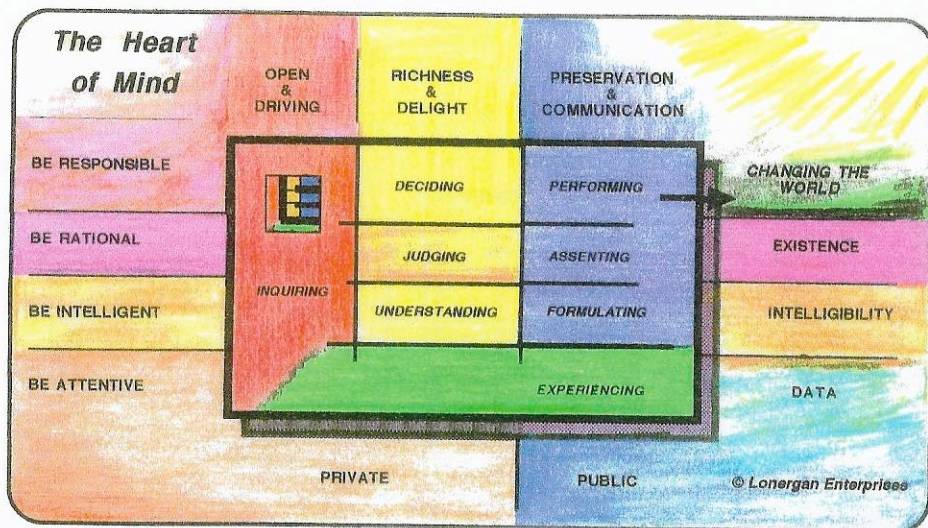


## THE HEART OF MIND



The above chart is a map of the human mind. It shows eight landmarks: the distinct *activities that we experience* as Inquiring, Experiencing, Understanding, Formulating, Judging, Assenting, Deciding and Performing. These activities can also be thought of as distinct parts of an overall dynamic structure for creativity, learning and control.

Around the map are four sets of comments: on the left, basic rules for competent performance of the activities on the corresponding four levels; on the right, the metaphysical components of the world that are contacted on the various levels; on the top, the characteristics of the three columns beneath; and on the bottom, comment about the domain of the activities in these columns.

Within the map is a small replicated version of itself, illustrating the mind's minder.

### THE EIGHT LANDMARKS

**Inquiry**, at the left, is the main driving force of our conscious life. It is represented by the *red* of fire to show its energy, initiative and readiness to move rapidly in any direction. It leads easily from level to level, so it occupies the whole of the left-hand column. Its red indicates also our frustration when we are on fire with inquiry but find answers extremely elusive.

Experience is at the bottom, and in the *green* of

raw growth, because it can be defined as everything that is presupposed by inquiry: all our sensations, memories, fantasies, all conscious (but inarticulate) presence to ourself and all our activities that accompany attention to any object of our senses, of our insights, of our assents and of our decisions.

**Understanding** is in *gold* as the priceless personal addition that occasionally and mysteriously makes sense, as *insight*, of some elements that we have been experiencing. It blossoms into the formulations that enable us to preserve our insights and to communicate them to others. So formulation has the *blue* of the beauty of the calm depth of the ocean and depths of sky which we share with our fellow humans as our enveloping culture. Thus the right hand column adds value to the public domain out of what we develop from our initial experience.

Inquiry greets our intelligent formulations with further questions, such as "Is that so?" that requires us to judge whether we have the truth and are in contact with the facts in the world of reality. When the judging is completed (by asking all the relevant questions, with reference back to our original data as well as forwards to a much wider range of comparable observations), we can be satisfied that we have full justification for the objective, public and permanent "yes" that constitutes assent and builds up our individual and collective possession of knowledge.

Human knowledge includes an enormous range of possibilities, many of which possess that real value which beckons to action, so our inquiry goes on to a "So what?" and a "Will I?" that constitute the drive that leads on to free decisions. These decisions are given permanence and publicity in our performances that **change the world**, producing in it new realities that can now be the object of inquiry and come to be known by other people. (These new realities also include the changes in ourselves precisely as deciders, and in some cases they may be the only changes.)

### THE WORLD

There is thus a tinge of *green* in the world to suggest the newness of these fresh products of our decisions that themselves, like all the much older elements in the world, are each constituted as beings by their existence as an intelligibility in data. It also suggests a new bed of experience is created to which we need to be attentive and ready for fresh insight and new understanding.

The more private contents of attention are given the *brown* colour of land to indicate all the material components of our nature, with their physical, chemical, biological and neural properties.

### RAYS FROM ABOVE

Our *golden* insights and our judgments, especially our judgments of value, are extremely rich and personal - no one else can experience them for us, and no one else can tell directly whether we have them - but they are also quite mysterious in their origin.

The colours of the map are those of the rainbow, implying presence of both water and light. Golden rays come from a bright source at the top right hand corner towards the golden landmarks of our mind. These can enhance enormously our activities, while leaving us free to decide whether or not to cooperate with them. The light blue of water is our first data.

The golden rays can also be seen to shine over our more public activities of formulating, assenting and performing in our undertakings of conversation, cooperation and change.

### PERSONAL DYNAMIC CONTROL

Our dynamic performance across our mind's landscape is controlled and directed by the same mind. Thus the whole map is replicated in a smaller form, also serving as the logo of Lonergan Enterprises which is devoted to the

spreading of this message. This logo is depicted within the power of inquiry to remind us that, while inquiring does have its own special powers and criteria, it has to be supported in its activity by each of the other seven powers represented in our map.

### .... as minder of inquiry

There are times when our curiosity lags and we need to make a deliberate (and responsible) decision to pursue our investigation and then bring this decision to performance. Similarly, our inquiring can be sharpened by an open and occasional attention to our conscious experience of ourselves as wonderers, raising a further question as to how we might most intelligently approach the original object of this wondering. A scribbled note will preserve this project, enabling us to judge its value as compared to comparable opportunities, and then perhaps even to redirect the thrust of our inquiry.

### .... and minder of the mind

In other words, all eight activities can constitute a Minder of our inquiry, that helps us to mind what we are doing when we inquire. And the same applies, not just to our inquiring, but to each of the seven other key activities of our conscious mind. So the smaller replicated map could have been printed next to each of these eight names on the larger map if there were no danger of distracting from the simplicity of the overall pattern.

### OUR PRIVATE CONSCIOUS ACTIVITIES

Many restrictive philosophies limit the mind to formulating and speaking and doing logic, or to assenting and proving, or to conscious performing, or to experiencing through the senses and emotions. These tend to neglect our more private conscious activities, our inquiring, understanding, judging and deciding, and also all the other aspects of our consciousness as subjects.

Common usage would seem to support including within our mind all our conscious experience, that is, all that we experience (in a great variety of ways) when awake or dreaming. Our card helps us to understand it all. It portrays the core of the mind, or rather the Heart of Mind - since it includes all consciousness, and so all the love, feelings, emotions, values and desires that are associated with the word "heart" and which so influence us in each and every activity.

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1 Inverleigh St  
St Kilda, Victoria, 3182, Australia

Tel: 61 3 9534 9324  
Fax: 61 3 9525 9917

John Little / Tom Daly